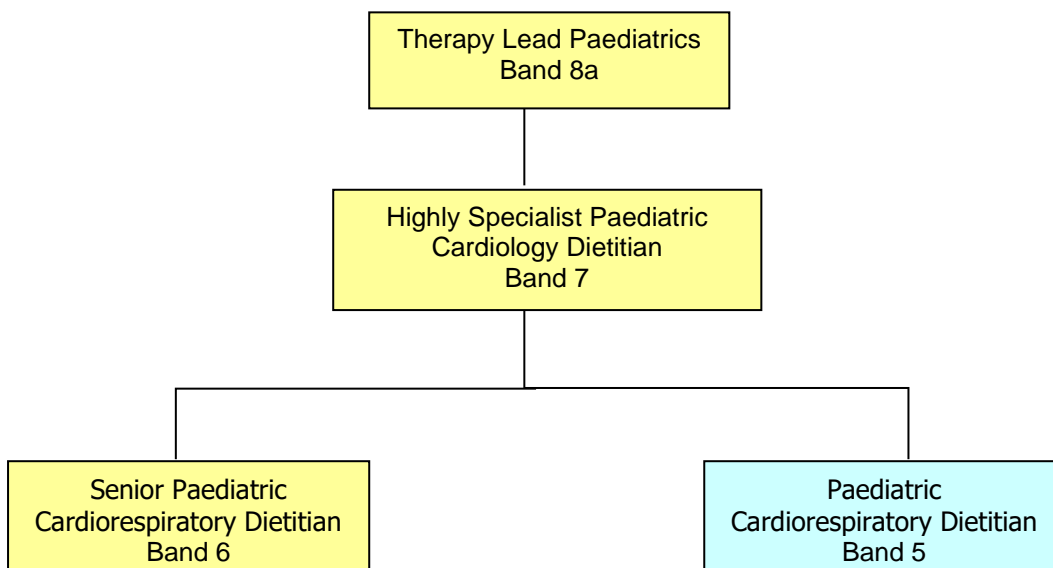


JOB DESCRIPTION

GENERAL INFORMATION

Title	Paediatric Cardiorespiratory Dietitian
Grade	Band 5
Job base	Royal Brompton Hospital
Responsible to	Band 7 Highly Specialist Paediatric Cardiology Dietitian, RBH
Accountable to	Therapy Lead Paediatrics and Director of Rehabilitation and Therapies
CRB checks	CRB - not required <input type="checkbox"/> CRB - standard <input type="checkbox"/> CRB - enhanced <input checked="" type="checkbox"/>

Organisational chart



Job summary

The post holder will work with and be supported by a Band 7 Highly Specialist Paediatric Cardiology Dietitian and a Band 6 Senior Paediatric Cardiorespiratory Dietitian. Working closely with the wider MDT, they will assist in providing a specialist dietetic service to paediatric patients with complex congenital heart disease (CHD), both pre and post-operatively in both an inpatient and outpatient setting.

The post holder will be supported to complete general paediatric and specialist cardiac competencies through a combination of tutorials, internal and external courses, supervision and self-directed learning, plus participation in regular departmental CPD sessions.

They will predominantly be advising on the prevention and management of faltering growth and identifying and managing feeding difficulties associated with CHD, as well as other common nutritional issues observed in infants and toddlers.

The post holder will be supported to manage a cardiac inpatient caseload based on the paediatric ward and will attend relevant ward rounds and psycho-social meetings. The post holder will also carry out nutritional screens for outpatients attending cardiac clinics and will provide follow up for high risk patients in cardiac clinic and through virtual dietetic clinics. They will also cover a familial hyperlipidaemia clinic, providing lipid lowering advice to newly diagnosed patients and providing group education sessions as necessary.

This post will offer the development of teaching skills with participation in education sessions for nurses and doctors, student training and departmental journal clubs and other CPD sessions.

They will also be involved in health promotion activities in the hospital, creating resources and displays and engaging with patients and their families. They will help to keep departmental resources up to date.

The post holder will be involved in carrying out departmental audits and will have the opportunity to get involved with research projects being carried out within the team.

Main tasks and responsibilities

• Patient/customer care (both direct and indirect)

- To provide a dietetic clinical service to the designated paediatric ward, cardiac outpatient clinics and virtual dietetic clinics in accordance with Departmental Policy and Standards, with support of the senior paediatric dietitians.
- To provide a dietetic clinical service for the paediatric Familial Hyperlipidaemia clinic at Harefield Hospital.
- To work autonomously but with support and regular supervision to provide and deliver advice and treatment plans to paediatric patients, carers and clinicians. This will involve:
 - Forming a nutritional diagnosis (interpretation of biochemistry, anthropometrics, clinical condition and dietary intake information)
 - Develop personalised dietetic plans (including calculation of nutritional requirements, and development of patient centred goals, considering the holistic management of the patient, wishes and preferences of the carer and considering the patients medical, physical, social and psychological needs.)
 - The prescription of dietary treatments and ACBS products for conditions where there maybe limited clinical guidelines, referring to senior paediatric dietitians for support as required.
- To provide up to date dietary information, either in the form of diet sheets or by participating in special events, such as study days or health promotions/displays.
- To participate in Nutrition & Dietetic department health promotion activities across the Trust (with guidance from the lead dietitians) liaising with other departments as required.

• Communication

- To work effectively as part of the multidisciplinary team to ensure the best service for patients.
- Deliver teaching sessions and informal talks to staff and patients when requested within the hospital
- Communicate effectively with patients and their cares, taking into account their needs and using appropriate resources when necessary to aid communication, overcoming any potential barriers to understanding.

- To gain consent about a range of dietetic treatment options and to agree and inform of expected outcomes
- To communicate with outside agencies such as GP's, Paediatricians, health visitors and community nurses about patient care where appropriate.
- To liaise closely with local community dietetic services to help support outpatients pre and post operatively and to update them with any changes made to the dietetic plans of shared care patients.
- **Policy development**
 - To be familiar with Trust wide and Departmental Policy and Standards and to be involved in their regular review as appropriate
 - To be involved in implementing local policies and protocol within the department
 - To be familiar with applicable national and international paediatric guidelines and standards and help to ensure that the dietetic service meets them
 - To participate in the audit of local and national standards and establishment of clinical outcomes as appropriate with support of the senior dietitians.
 - To identify sources of risk and escalate appropriately.
- **Service development**
 - To assist with setting annual departmental aims and objectives and contribute towards their completion as appropriate
 - To contribute to service evaluation, helping to identify where practice is ineffective or inefficient.
 - To contribute to development initiatives.
- **Professional**
 - To receive regular appraisals and have an individual developmental plan, to help achieve personal and team objectives.
 - To actively participate in monthly 1:1s and supervision sessions with senior Dietitian.
 - To abide by the Trust's core behaviours for staff and all other Trust policies including standing financial instructions, research governance, clinical governance, patient and public involvement, codes and practices, and health and safety policies.
 - To maintain State Registration by the Health Professions Council (HCPC) and abide by their Standards of Proficiency and their Standards of Conduct, Performance and Ethics.
 - To ensure evidence based practice, following the most up to date research and guidance through attending relevant study day's, conferences, BDA Branch meetings and Special Interest Group meetings and reading relevant books and journals.
 - To be responsible for maintaining records demonstrating engagement in Continuing Professional Development (CPD), according to any guidelines laid down by the British Dietetic Association
 - To be professionally and legally accountable for all aspects of their work.
 - To demonstrate an active pursuit of life-long learning
- **People management**
 - To supervise and teach student dietitians, both those undertaking their clinical placement and those involved in projects as part of their Honours degree.
- **Resource management**
 - To be responsible for the safe use of dietetic or nutrition related equipment by patients under their care (eg feeding pumps).

- **Information management**

- To become familiar with all necessary computer programmes used within the Trust and how to use them.
- To ensure accurate dietetic activity reporting
- To maintain accurate treatment notes for each patient as per HCPC standards.

Other duties

To undertake any other duties commensurate with the grade as requested.

This job description is intended as a basic guide to the scope and responsibilities of the post and is not exhaustive. It will be subject to regular review and amendment as necessary in consultation with the postholder.

ADDITIONAL INFORMATION

Trust mission

To be the leading national and international centre for the diagnosis, treatment and care of patients with heart and lung disease, creating and disseminating knowledge through research and education

Confidentiality

During the course of your employment you may have access to, see or hear information of a confidential nature and you are required not to disclose such information, particularly that relating to patients and staff.

In order to comply with the Data Protection Act 1998 you must not at any time use personal data held by the Trust for any unauthorised purpose or disclose such as data to a third party.

You must not make any disclosure to any unauthorised person or use any confidential information relating to the business affairs of the Trust, unless expressly authorised to do so by the Trust.

Health and safety

You must co-operate with management in discharging its responsibilities under the Health and Safety at Work Act 1974 and take reasonable health and safety of yourself and others and ensure the agreed safety procedures are carried out to maintain a safe environment for patients, employees and visitors.

Infection Control

The post holder will ensure that appropriate infection control precautions are maintained within Nutrition and Dietetic team.

Diversity

You are at all times required to carry out your responsibilities with due regard to the Trust's diversity policy and to ensure that staff receive equal treatment throughout their employment with the Trust.

Risk management

All staff have a responsibility to report all clinical and non-clinical accidents or incidents promptly and, when requested, to co-operate with any investigation undertaken.

Conflict of interests

You may not without the consent of the Trust engage in any outside employment. In accordance with the Trust's conflict of interest policy, you must declare to your manager all private interests, which could potentially result in personal gain as a consequence of your employment in the Trust. Interests that might appear to be in conflict should also be declared to your manager.

In addition, the NHS Code of Conduct and Standards of Business Conduct for NHS Staff (HSG 93/5) requires you to declare all situations where you or a close relative or associate has a controlling interest in a business (such as a private company, public organisation or other NHS voluntary organisation) or in any activity which may compete for any NHS contracts to supply goods or services to the Trust. You must therefore register such interests with the Trust, either on appointment or subsequently whenever such interests are gained. You should not engage in such interests without the written consent of the Trust, which will not be unreasonably withheld. It is your responsibility to ensure that you are not placed in a position that may give rise to a conflict between your private interest and your NHS duties.

CODE OF CONDUCT FOR PROFESSIONALLY QUALIFIED STAFF GROUPS

All staff are required to work in accordance with their professional group's code of conduct (eg NMC, GMC, DoH Code of Conduct for Senior Managers).

CRIMINAL RECORD BUREAU CHECKS (where relevant)

Any applicant who is short-listed for this post will be asked to complete a disclosure form as the post-holder will be required to have contact with vulnerable adults or persons under the age of 18. The successful candidate will be subject to a criminal record check from the Criminal Records Bureau prior to the appointment being confirmed. The disclosure will include details of cautions, reprimands, and final warnings, as well as convictions if applicable.

Core behaviours for all Trust staff

Confirmed as accurate by postholder:.....

Date:.....

Confirmed as accurate by manager:.....

Date:.....